Pendleton County Middle/High School

Narrative of Accomplishments

2018-2019

Activities

## PC/MHS

Pendleton County Middle High School continues participating in a variety of sports programs throughout the school year, offering football, cheerleading, volleyball, and basketball, for grades 7-12. Pendleton County Middle High School also continues to offer baseball, softball, and track, to grades 9-12. Physical education classes are offered to students in grades 7-9, with optional fitness classes for grades 10-12. We are also able to continue to host football, volleyball, basketball, and baseball games at our current location.

Our school-based health clinic is located at the school with a PCC pediatrician offering services two times a week throughout the year. We have the availability of a nurse located in our clinic daily. Our school-based center continues to provide medicines to students who need it daily, vaccines, hygiene, and other medical necessities as needed throughout the day.

We have continued our RAZE program this year. Our RAZE teacher has had students in discussion regarding tobacco and other health-related issues. We have continued many programs with RAZE, including our dodge ball tournament and our kick-butts day to raise awareness of the importance of remaining drug free.

Our Future Farmers of America program continues with numerous activities throughout the year.

- 1. Hog slaughter how to wash, prep, cut, and cure meat properly
- 2. Beef processing how to wash, prep, and cut meat properly
- 3. Soil testing teaching students the difference between alkaline and acidic soils

Pendleton County Middle High School once again this year hosted the Get A Life
Program, where the students were given a card and they had to learn to live within their
means. They were required to buy a house, a car, insurance, food, utilities, and
appliances. Our goal is to have them understand the importance of their education and
living within their means.

Health class had Lori Lawson once again come in to have a discussion about the importance of hand washing and the proper hand washing procedures. In health class, students also learned CPR and first aid procedures.

Our Family Consumer Science Program continues to offer many programs and activities that benefit our students.

- 1. First aid/CPR/AED
- 2. Tobacco program. The students hang PR signs to prevent tobacco use.

- 3. Motivational programs. Signs are placed throughout the school attempting to inspire students to achieve at their highest levels, as well as the edification of other students.
- 4. Baked potato fundraiser and pork BBQ fundraiser. These events teach students to prepare food, sell, and clean up afterwards.
- 5. Breast cancer awareness. Programs are presented educating students on the benefits of preventive screenings.
- 6. Christmas ornaments. Students once again made ornaments to pass out to people in the community. The goal, as always, is to give the gift of joy to those who need it during the Christmas season.
- 7. Operation Christmas Child Shoebox. Students fill, package, and ship shoeboxes for children overseas.
- 8. Pop tabs. Students collect pop tabs for the Ronald McDonald House.

## Middle School Science

- 1. Students had a field trip to do stream studies and sample water.
- 2. The students are planning an area behind the middle school that will be a nature trail where they will plant trees and make a walking path for people in the community to enjoy.
- 3. A student project was to make an erupting volcano.
- 4. Field trip to Spruce Knob, where the students learned fire building, hiking, canoeing, fishing, and had a scavenger hunt